



Pre Treatment Instructions

Exfoliate: Use a loofah or washcloth to gently exfoliate your entire body two to twenty four hours before your scheduled appointment. Pay special attention to dry areas such as elbows and ankles. Proper exfoliation promotes an even coverage and lengthens the duration of your tan by removing dead skin cells. Do not injure the skin by scrubbing too harshly.

Remove Unwanted Hair: Shave (eight to twelve hours prior) or wax (twenty four hours prior) to remove unwanted body hair. Always use a sharp, clean razor with a gentle lubricating product, such as a hair conditioner.

Clean Skin: Avoid wearing makeup, perfume, lotion, or deodorant to your appointment. All of these products may prevent the tanning solution from developing properly. Avoid sunless tanning lotion and sprays for at least seven days prior to your appointment. Remove all jewelry.

Wear Proper Clothing: Wear dark, loose fitting clothing as the solution contains an instant bronzer that may rub off. Although it should wash out of most fabrics, it may stain nylon, lycra, and silk. On rainy days, bring an umbrella. Protect the interior of your vehicle by bringing a towel to cover leather or light colored seats.

Post Treatment Instructions

Wait: Allow eight to twelve hours for your tan to completely develop before bathing. During this time, avoid contact with water and refrain from strenuous exercise.

Shower Carefully: During your first shower, you will notice brown colored water going down the drain. Don't be alarmed! This is normal. It is only the topical cosmetic bronzer washing off the surface of your skin; your real tan is underneath. Dry yourself by gently patting a towel over your skin, avoiding extensive rubbing and exfoliating products which may cause streaking or color removal. For shaving, use a razor that does not have a moisturizing strip.

Moisturize: A spray tan fades as the top layer of skin naturally exfoliates (replacing dead skin cells with new ones). To help prevent premature exfoliating, be sure to apply a sunless tan compatible moisturizer twice per day. Avoid excessive use of self-tanning lotions as these can contribute to undesirable tones, streaks, and dryness.



Skin Consult Questionnaire

1. What areas would you like to improve on your skin?
2. Do you smoke?
3. Any known allergies?
4. Do you have a tendency to keloid scar?
5. Do you suffer from claustrophobia or anxiety?
6. Do you use sunscreen daily? What is your sun exposure like?
7. Are you currently taking Accutane or a retinol product?
8. What is your diet like? Do you take any supplements?
9. What is your skin care routine?



Fantasy Tan Consent Form

A trained professional will spray the special tanning formula onto your body. The amino acids in your skin will respond naturally to the DHA and other complementary ingredients in the tanning formula to produce the most beautiful sunless tan you've ever seen. Cloud 9 MedSpa eliminates all of the mess and problems associated with tanning creams and spray tanning booths. There is no streaky mess, orange palms, or dirty looking knees and elbows. This is a personal treatment tailored to your individual needs. No two people are alike, and your spray tan should suit you and your skin type therefore, Fantasy Tan comes in five gorgeous shades that can be used on their own or mixed to create a truly custom look.

The tanning compound is derived from non-toxic sugar beets and sugar canes, which is very safe for the skin. The appointment session will typically be about a half hour and the results will typically last about seven to ten days, depending on skin type, personal activity, and maintenance. The clinic offers products that are designed to help the longevity of the tan. It is recommended to get your tan about one to two days prior to a major event, as the tan will need ten to twelve hours to properly set. It is not recommended to get a tan the same day as your event.

Patients are required to wear clothing to cover their genital areas, but can wear more according to his or her comfort level. Please note that the clothing that you wear during your treatment will create a tan line. Make sure to wear something that is not of sentimental value during your tan. While the tan can wash out, we cannot promise that the materials will not be stained.

SPF is still very important to wear to maintain and protect your skin. While this treatment is designed to prevent excessive sun exposure, it does not act as sunscreen. Sunburns can still occur even when you have a spray tan.

I have been informed about the treatment, procedure, indications, expected results and possible side effects. I understand that I am required to have photographs taken before, during and after treatment for my patient records. I am undergoing treatment of my own free will.

I agree that this procedure is being performed for cosmetic reasons. I am also aware of and accept the risk of unforeseen complications that may not have been discussed and which may result from this treatment. Additionally, I recognize that Cloud 9 MedSpa cannot be responsible for any damage as well as results that are not to my highest satisfaction. The clinic will be held free of any and all liability.

I acknowledge my obligation to follow the instructions closely and visit the office as directed. I certify that I have read the above consent agreement and fully understand it. These items have been reviewed and discussed with the provider and all my questions have been answered to my satisfaction.