



## Post Treatment Instructions

In order to achieve the best results from your treatment we ask that you read and understand the following instructions. Your Skin Care Specialist will review these instructions at the end of your treatment.

- Do not wash your face, shower or work out to produce sweat for at least 6 hours post peel.
- No chemical peels, microdermabrasion or dermaplaning for 2 Weeks.
- May experience redness for 2-4 hours post treatment, but it will subside.
- May have flaking on the 2nd to 3rd day after treatment, and may last for 1-2 days. This is just additional dead skin cells that were released by the treatment.
- If unusual irritation persists more than 2 days, call our office for treatment.
- Use sunscreen following treatment is mandatory! Please use a sunscreen for at least 5-7 days following your treatment as your skin is now more exposed and more susceptible for damage immediately following the treatment. Please refrain from prolonged direct sun exposure or tanning beds for 2 weeks.
- It's best to not put makeup on immediately following the treatment, but it is fine to wear the next day. Using mineral make-up is preferred.
- To achieve maximum results, ongoing treatments and a daily home skin program is recommended.

I understand and agree to comply with the above instructions. I also agree to contact the clinic with any further questions or if an adverse reaction occurs.



### Skin Consult Questionnaire

1. What areas would you like to improve on your skin?
2. Do you smoke?
3. Any known allergies?
4. Do you have a tendency to keloid scar?
5. Do you suffer from claustrophobia or anxiety?
6. Do you use sunscreen daily? What is your sun exposure like?
7. Are you currently taking Accutane or a retinol product?
8. What is your diet like? Do you take any supplements?
9. What is your skin care routine?



## DMK Consent Form

Congratulations on your choice to have a DMK skin treatment. Our procedures are results orientated and are designed to improve skin conditions. These are non-invasive treatments that use the body's chemistry to induce lasting results. We use a process known as hydrolyzation, which turns dead protein cells into a weak acid that is then flushed from the skin. Our enzyme formulations contain pure ingredients so adverse reactions are very rare.

You may experience:

Break-outs, we cannot cause any breakouts to occur, however congestion and trapped sebum plugs may be released, resulting in a superficial break out.

Dry, tight patches. This is where dead protein cells are still attached to the epidermis and has not been released.

Underlying pigment due to the aging process, may move to the surface. This is due to the hydrolyzation of dead protein cells making the area look darker to the eye.

The client may experience redness, heat and a slight stinging sensation for the first two days (This is most common in our more aggressive treatments).

### **For Paramedical Treatments Only:**

Alkaline Wash is designed to abort the surface epidermal cells of the skin, dissolve hair, soften tissue and assist in excreting dead and dying cells. The series of treatments prescribed by a qualified technician gives a similar effect as a chemical peel without the trauma of a controlled burn or the uncomfortable convalescence required by conventional medical peels. It is safe for all skin categories and races and is recommended in treating light acne scar conditions, fine wrinkles, folliculitis, pigmentation treatments and hair removal. Results may vary from person to person. I understand the above description of Alkaline Wash. I understand and agree to the following:

1. While Alkaline Wash treatment will give a definite improvement and restoration of health to my skin, topical chemistry, like surgery, is not an exact science. Therefore my skin therapist performing this procedure cannot guarantee the exact results or a time frame in which optimum results may be achieved. They can only offer testimony to past cases including any before and after photos a prior client may wish to release for viewing.

2. While Alkaline Wash is usually accompanied by minimum discomfort provided I follow the home prescriptives given to me by my technician faithfully. I may experience the following: Redness and a slight sandpaper effect on the skin; Peeling preceded by a crusty hardness to the skins surface; Irritation around the eyes and the mouth area and sometimes on the chin; An outbreak of pimples or gases and other impurities that were already present in the skin; A slight burning sensation or "sunburn" sensation in the early stages of the treatment; An irritated, open lesion that may weep and then scab and heal normally (requires antibiotic gel



as prescribed by physician of therapist)

I understand these contraindications are temporary and often accompany a successful treatment over a period of time.

#### ALKALINE WASH HAIR REMOVAL

1. I understand that Alkaline Wash hair removal treatments may not be permanent in my case.
2. I understand that Alkaline Wash does not affect the growth rate or shock the hair into delaying growth rate as in the case of waxing.
3. I understand that I am getting the added benefit of exfoliation as well as hair removal at the same time.
4. I understand that Alkaline Wash treatments will weaken my excess hair, not encourage more growth or coarsen my hair.

Should none of the above contraindications occur, I understand that this is not a sign the treatment is not working but rather I am in excellent health and respond to organic material well. I hereby promise to use only the products given to me by my technician during the treatment series and at least a week following the final treatment. I understand that as much as Alkaline Wash is a professional treatment formula the chances of me suffering any permanent skin damage from the treatment are practically non-existent.

#### PUBLICITY MATERIALS

I authorize the taking of clinical photographs and videos and their use for scientific and marketing purposes both in publications and presentations. I understand that photos and videos may be taken of me for educational and marketing purposes. I hold Cloud 9 MedSpa harmless for any liability resulting from this production. I waive my rights to any royalties, fees, and to inspect the finished production as well as advertising materials in conjunction with these photographs.

We are activating the skin to function normally so it may have a different texture while undergoing treatments. Each person's experience will be different. The purpose of this form is to make sure you are well informed. If you have any questions after the treatment, please contact your skin therapist.

#### Consent

I have been informed about the treatment, procedure, indications, expected results and possible side effects. I understand that I am required to have photographs taken before, during and after treatment for my patient records. I am undergoing treatment of my own free will.



I agree that this procedure is being performed for cosmetic reasons. I am also aware of and accept the risk of unforeseen complications that may not have been discussed and which may result from this treatment. Additionally, I recognize that Cloud 9 MedSpa cannot be responsible for any damage as well as results that are not to my highest satisfaction. The clinic will be held free of any and all liability.

I acknowledge my obligation to follow the instructions closely and visit the office as directed. I certify that I have read the above consent agreement and fully understand it. These items have been reviewed and discussed with the provider and all my questions have been answered to my satisfaction.